

THOUSE COVERY INDIANS

February 2024

Ms. Holly Gann—Middle School Principal

A Community Effort

Do you know the FRLS Mission Statement? "The mission of the Fort Recovery Local School District is to create a culture in which students, staff, and community work, learn, and achieve together to maximize student opportunities."

In my opinion, the one key word that sticks out to me in the mission statement is 'together'. In order to provide the best possible education for our students, everyone in the community must work together. That includes students giving their best effort and taking ownership in their learning. That includes teachers using best practices to teach the lessons in their class. That includes all staff members in the school doing their part to contribute to the daily movements of the school.

Equally as important, however, is the involvement of the students' families and the community. Partnerships with the community help provide many resources for these children, such as guest speakers coming into R-Factor Classes, or the Academic and Athletic Boosters providing financial help or treats. The list goes on and on. Small gestures like these represent just a tiny fraction of how the community gets involved.

As parents, guardians, and caretakers of these students, how much are you involved in your child's education? I hope the answer is 'a lot'! Whether its helping on their homework, communicating with their teachers, attending parent/teacher conferences, volunteering to help with different school related activities or organizations, joining the Academic or Athletic Boosters, or in a variety of other ways, families' involvement in a child's education is one of the keys indicators of success when it comes to a child's education! The students also are once again working towards their own community engagement hours. As a reminder, this is one of the five indicators earning second semester incentives! The first semester the students at FRMS completed over 1400 hours. This included but not limited to teacher aide, recycling duties, concession stand, babysitting, volunteering at local events, etc. We are so proud of all the students for their efforts and excited as we continue into the second semester!

Upcoming Dates:

February

- 5 Third nine weeks Interims
- 9 Energy Bus Day
- 11 Band Concert, Grades 5-12 @ 7 pm
- 16 Prof. Development Day No School
- 19 President's Day No School
- 23 Energy Bus Day
- 26 Mercer County Spelling Bee @ 6:30 pm

March

3 JH & HS Choir Concert (Cabaret) @ 6 pm

FOLLOW FRMS ON FACEBOOK! @FRMiddleSchool



MS Staff Feb. Birthdays!

- Feb. 23—Dave Blockberger
- Feb. 25—Theresa Schroer

Happy Birthday!



Energy Bus Rule #7:

In our ongoing journey with the Energy Bus principles by Jon Gordon, we find ourselves at Rule #7: "Enthusiasm Attracts More Passengers and Energizes Them During the Ride." This rule emphasizes the contagious nature of enthusiasm and its powerful impact on the collective energy of our school community. When we embrace an enthusiastic mindset, not only do we uplift ourselves, but we also create an environment that energizes and motivates those around us.

Enthusiasm is like a beacon that attracts positivity and encourages others to join in on the journey. As parents, teachers, and students, we play pivotal roles in shaping the atmosphere within our school. By embodying

enthusiasm, we set the stage for a vibrant and dynamic learning environment. Whether it's cheering on our students at school events, supporting their achievements, or simply approaching each day with a positive attitude, collective enthusiasm becomes a driving force that propels us forward on the Energy Bus.

Furthermore, Rule #7 highlights the reciprocal nature of enthusiasm – as we energize ourselves with a positive outlook, we, in turn, invigorate those around us. This creates a cycle of positivity that not only enhances the educational experience but also strengthens our sense of community. Let us continue to embrace and share the infectious power of enthusiasm, ensuring that our middle school journey is not just



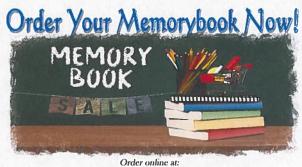
Counseling Corner

From the Counselor's office...

One can never go wrong with kindness and there can never be too much of it. On February 17, 2024 people around the world will celebrate Random Act of Kindness Day. The purpose is to cultivate kindness and pay it forward. No act of kindness is insignificant. Here are few ideas to celebrate:

- · pay for another person's meal in the drivethru
- · let someone go in front of you in line
- donate to a food pantry
- · post an anonymous sticky note with an uplifting message
- compliment someone
- · send an encouraging text
- help someone without being asked
 Have fun making someone's day brighter!
 Mandy Gerlach

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orders.langephotographics.com
Enter Code:U2W4A8B2
Cade valid for Ft. Recovery Middle ONLY
Sale ends February 29th Order yours today!

Lunch Prices
PK-5 \$2.35
6th -12th \$2.60
Adults -\$3.70

Fort Recovery Elementary/Middle School Cafeteria "This Institution is an equal opportunity provider"

http://www.fortrecoveryschools.org

Elem 419-375-2768 MS 419-375-2815

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
5 Ham Sandwich Green Beans Peach Rice Krispy Treats Milk	6 Tangerine Chicken/Rice Broccoli Mandarin Oranges Fortune Cookie Milk	7 Pizza Crunchers/Marinara Sauce Cowboy Beans Pineapple Milk	8 Sausage Links French Toast/Syrup Hash Browns Oranges Milk	9 Tomato Soup/Crackers Grilled Cheese Carrots Applesauce Cup Milk
12 Breaded Chicken Sandwich Broccoli Pears Milk	13 BBQ Rib Sandwich Green Beans Blueberry Crisp Milk	Egg & Cheese Sandwich Tater Tots Orange Juice Fruit Snacks Milk	15 Chicken Nuggets Black Bean Corn Salsa/Chips Apple Slices Milk	16 No School
No School RAPPY RAPPY PRESIDENTS DAY	20 Pancake Wraps Corn Baked Apples Milk	21 Popcorn Chicken Butter Bread Cooked Carrots Pears Milk	22 Hot Dog Baked Beans Applesauce Baked Chips Milk	23 Cheese Pizza Broccoli Tropical Fruit Milk
26 Hamburger Sandwich/Cheese Green Beans Pineapple Milk	27 Pizza Sub Onion Rings BBQ Chips Apricots Milk	28 Chicken Tenders Butter Bread Caesar Salad Peaches Milk	29 Soft Taco/Spanish Rice Lettuce/Cheese/Salsa Cup Refried Beans Fruit Slushie Milk	1 French Toast Hash Browns Mandarin Oranges Fruit Snacks Milk

PB&J will be offered daily to 3rd-8th grade for an alternate sandwich.

Fresh fruit and vegetables offered daily to 3rd-8th grade

Fort Recovery Middle School 2023-2024 Parents Dates to Remember

		<u>April</u>	
Februa	<u>February</u>		Energy Bus Day
1-29	EMS Yearbook Sales	12-14	EMS Drama – Dorothy in Wonderland
16	Prof. Development Day – No School	15	Fourth nine weeks Interims
19	President's Day – No School	16	ELA Part I State Testing
	(Make-Up Day)	17	ELA Part II State Testing
23	Energy Bus Day	26	Energy Bus Day
24	MS Quiz Bowl Tournament	28	Band Concert, Grades 5-12 @ 7 pm
26	MS Quiz bowl at Home (St. Marys)	30	Math Part I State Testing
26	Mercer County Spelling Bee @ 6:30 pm		
		May	
March		1	Math Part II State Testing
3	JH & HS Choir Concert (Cabaret) @ 6 pm	2	Science State Testing (8th grade only)
4	MS Quiz Bowl @ Parkway	5	HS & JH Choir Concert @ 6pm
4	Mercer County Spelling Bee (snow date)	10	Energy Bus Day
8	Energy Bus Day	TBD	8th grade Semester Exams
9	MS Quiz Bowl @ Crestview	20-23	Energy Bus Week Activities
11	MS Quiz Bowl at Home (Marion Local)	23	MS Field Day & Locker Clean Out
14	Academic Booster Pork Chop Dinners 4-6 pm	23	End of 4th nine weeks
14	Parent Teacher Conferences 4-7:30 pm	24	Teacher Records Day (Make-Up Day)
15	End of 3 rd nine weeks	24	Make Up Day if needed
18	MS Quiz Bowl @ Mercer County ESC		
27	Energy Bus Day		
28-2	Easter Vacation - No School		Your Calendar

8th grade Washington DC trip (Class of 2029) October 28 - November 1, 2024

Fort Recovery Academic Booster Club Is selling Pork Chop Dinners Thursday, March 14th from 4-6 pm \$10 per meal Order your dinners by February 28th Call the MS Office, 419-375-2815



Middle School Students (7th Grade)

Vaccine recommendations

Middle School Students, beginning at 11 years of age, and before entering 7th grade is recommended the following immunizations:

- Meningococcal A, C, W, and Y vaccine REQUIRED
- Tdap vaccine REQUIRED
- HPV (Gardasil-9) vaccine RECOMMENDED

Other immunizations offered to Middle School Students if they have not received previously are:

- Hepatitis A vaccine
- Hepatitis B vaccine
- M-M-R vaccine
- Varivax (chickenpox) vaccine
- Influenza vaccine
- COVID-19 vaccine

For more information go to <u>www.immunize.org</u> or call Mercer County Health District and ask to speak to a nurse.

The vaccines can be administered at your doctor's office, pharmacy, or the Mercer County Health District.

Please call 419-586-3251 option 2 to schedule your appointment

Appointments are available Monday through Friday. **Late appointment every Thursday.

*We are contracted with many insurance carriers and will bill the insurance as a courtesy. Please bring all your insurance cards to your appointment. Please verify with your insurance carrier via website, or call the 1-800 number on your card to prior to appointment to verify insurance coverage. Federally provided vaccines will not be denied due to inability to pay. *

220 W. Livingston St.-B152, Celina, Ohio 45822

Phone: 419-586-3251 Fax: 419-586-2583 - E-mail: healthdistrict@mchdohio.org

Website: www.mchdohio.org An Equal Opportunity Employer

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<u>Code valid for Ft. Recovery Middle ONLY</u> orders.langephotographics.com Enter Code: U2W4A8B2

Sale ends February 29th Order yours today!